# Dandenong Development Tour 2024 Parent & Player Information















We are aiming to make the Dandenong Development 2024 Tour a great experience for all Players, Coaches, Managers and Parents involved. This information pack provides all you need to know about the preparation for the tour.

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## The Vision of the Dandenong Development Tour Aims

The Dandenong Development tour is our key building platform in the offseason program. Travelling away on an offseason tour as a club gives us the opportunity to build club comradery and catalyse education of our coaches and juniors. It's during our offseason where we develop and get better as players – on season is where we action it.

# $\mathsf{DILIGENCE} \rightarrow \mathsf{INTENSITY} \rightarrow \mathsf{REWARD}$

As we prepare for Dandenong 2024 we want to educate and raise:

- ...the level of expectation of what it takes to play elite basketball and;
- ...the expectation of what coaches can expect from their team.

## **Key Dates**

- Registration opens October 2023
- Registrations close 12 pm, 8<sup>th</sup> November 2023 (or earlier if full)
- Outstanding player balances paid before 8th December 2023
- Dandenong Tour Wednesday 24th January to Sunday 28<sup>th</sup> January 2024



## Tour Preparation Training

Training for the tour will begin in December and run through to the Dandenong Tournament in January. Dates of training times will be advised closer to the time by coaches:

The cost of the training sessions is included in the player fees.

Please keep in mind:

- If teams want to book any additional sessions coaches need to book them based on availability. There will be an additional fee for extra sessions.
- It is understood that the teams will work together in the specific age brackets until numbers have been finalised for the teams. For instance, if we have two or three U16 boys teams they will all train together as one team but will break into specific teams closer to the trip. The major rationale for this is around the numbers of participants in the age groups. As the numbers begin to flesh out, teams will then be chosen.

#### Strength and Conditioning

There will be some Strength and Conditioning sessions on offer at Warwick Workout with dates and times to be advised in parallel with training. These will be available to each person registered as a player for Dandenong.

These are separate to the team training as organised by coaches and specific types of sessions will come out closer to the date.

## **Coaches and Managers**

A separate information booklet will be available for coaches and managers; however, some basic information is below so parents have more information.

#### Role of Coaches

- Assist with pre-tournament training sessions.
- Commit to the development of your team during the tournament.



#### Role of Managers

- Ensure that there is good communication with the players and parents of your team during the lead up to, and during the tournament.
- During the tournament ensure smooth running of logistics for your team (driving mini-bus, registration passes, accommodation, food)
- Manage finances and keep an accurate record of expenses and receipts using the balance sheet provided.
- Practically support the coach such that so he/she can focus on developing the players.

#### **Traveling Parents**

Part of the success of these past tours has been that several parents have joined the tour and assisted, cheered and supported the teams, coaches and managers as they travel and play. We want to continue to encourage parents to be a part of these trips. If going as a parent, you're putting up your hand to help score, time games or help with breakfasts is greatly appreciated.

#### Important information for traveling parents:

- It is State Law that, on an overnight event with minors, all adults must have a current WWCC. <u>This now includes</u>: any parents booking either travel or accommodation with us.
- Transport at Melbourne to and from the airport and games is up to you. We suggest car-pooling with other parents.

#### Stadium Travel Sponsor

Telephone: 08 9203 7555 Email: <u>scott@best4travel.com.au</u> Web: <u>www.best4travel.com.au</u>



## Itinerary

Tournament Dates and Venue

Dandenong-Eltham Tournament: Senators Tour Dates Wednesday 24<sup>th</sup> January 2023 – Sunday 28th January 2023 Dandenong Basketball Stadium 270 Stud Road Dandenong, Victoria <u>http://www.elthamtournament.com.au/</u>

#### Flight Details

#### Travel to Melbourne

Depart: 24 Jan Perth 7:40am– Virgin Arrive: Melbourne 14:15pm ALL PLAYERS, COACHES & TRAVELLING PARENTS MUST BE AT THE AIRPORT 1.5 HOURS PRIOR TO FLIGHT DEPARTURE. PLEASE WEAR BLACK PANTS/JEANS AND YOUR TOUR T-SHIRTS (we want to be looking smart as a club on the plane!)

#### Travel to Perth

**Depart:** 28 Jan Melbourne 20:45pm– Virgin **Arrive:** Perth 22:00pm

#### Transportation

Each Team will have a 12-Seater minibus driven by the team Coach/ Manager. Again, space is at a premium so please restrain your luggage to your basketball bag and one backpack for the flight! Try to avoid large suitcases. Buses will be picked up from the airport and returned to the airport.

We take the safety of children in our care seriously so it will be a requirement that a manager or Coach should always know where players are including if not at the stadium or at the accommodation. For your own safety we require players to move in groups of no less than 3 when not at a stadium or accommodation.



#### Accommodation

Space will be at a premium so please pack minimally. We have access to washing machines and dryers so washing playing clothes will not be a problem. We encourage all players to have a laundry bag (Kmart has them) and clothing labelled. This enables managers to simply place the bags into the washer as a whole.

AccommodationBig 4 Frankston Holiday Park2 Robinsons Road (Cnr Frankston-Flinders & Robinsons Rds)Frankston, Victoria 3199 AustraliaPh: (03) 5971 2333https://www.big4.com.au/caravan-parks/vic/mornington-peninsula/mornington-peninsula-holiday-park

#### Meals

Each cabin will have breakfast foods and fruits organised by the team manager. Players will need to organise their own lunches, snacks and dinners these will be organised by coaches/managers but paid for by the individual players. All teams will have access to shops so they can purchase some supplies & snacks if required. Coaches/ Managers or an allocated person will organize bus rides to the supermarket. We recommend bringing \$150 for meals/ snacks.



#### What to bring...

- Bag- Please limit luggage! Our vans will fill quickly!!
- Gear bag or Backpack for on the flight & games (named)
- Tour shirt (provided)
- Closed shoes to wear on flight
- Senators Game Shorts/Warm up Top
- Water bottle, name on the bottle and packed empty for the flight
- Jacket for the flight
- Ankle guards/strapping/braces/medication
- Mouth guard (Compulsory for game play)
- Basketball shoes, Thongs (for between games & for use in ablution block)
- Playing socks (at least 2 pairs playing socks)
- Socks & Underwear
- Pyjamas (name on tag)
- Toiletries (toothbrush, toothpaste, soap, deodorant, etc)
- Bathers, towel & Hat
- Spending & lunch money
- Phone/ Device and charger
- Laundry bag, available from Kmart
- and anything else you may need.

Please make sure <u>all</u> clothing and gear is labelled. Managers will wash playing gear and tour tops each evening, players should have enough other clothing to last the trip.

Finally, please ensure that playing shorts, mouthguard and shoes are in your carry-on luggage on the plane. Whilst we don't expect luggage to get lost, it can happen, as can leaving your shoes on the kitchen bench....



## Payment and Cancellation Policy

Payment, plans and fundraising

To access the online payment and registration system please go to: https://www.playhq.com/basketball-wa/register/e3b249

To secure your place on the tour a **non-refundable deposit of \$300** needs to be paid before 12 pm on 8<sup>th</sup> November 2023. The full cost of the trip will be \$1,950

**Full fees are due by 8th December 2023**. Fees include a return trip flight, 4-nights accommodation, transportation in Victoria (minibus and fuel), breakfast each morning, team registration & door entry fees, weekly team trainings, training sessions at Warwick Workout and tour shirt.

You can pay your account off as you are able at Warwick Stadium Reception (please email copy of each receipt to <u>senators@warwicksenators.com.au</u> with player name), provided balance is paid by 8th December 2023.

#### Cancellation policy

We advise you to take out personal travel insurance to mitigate the risk of unforeseen circumstances. If you need to cancel your participation in the Dandenong Development Tour please confirm this in an email to senators@warwicksenators.com.au

Please note that the deposit is non-refundable. The amount refundable is shown below, taken from the time/date we receive written confirmation of the cancellation

After 12 pm 8<sup>th</sup> November - refund possible (minus non-refundable deposit of \$300) only if you are able to present us with a doctor's certificate or a replacement is found before 1<sup>st</sup> January 2024\* Senators Basketball Club reserve the right to change/cancel any programme elements in the unlikely event of unforeseen circumstances.

\* It is highly recommended for each person <u>when you register</u>, to take out personal travel insurance in case either the event has been cancelled, or due to illness and you are not able to attend. Scott @ Best for travel has organized a group policy for those interested to book their insurance through him.



# FAQ

## What should I to wear on flights?

We ask that all players and officials wear the Senators tour shirt (Provided), Black shorts or trousers with closed footwear.

## What time do we need to be at the Airport?

Please ensure you are at the airport 1.5 hours before departure Depart Perth: Wednesday 24th January 07:40 am, Terminal (TBC) Depart Melbourne: Sunday 28<sup>th</sup> January 8.45 pm Terminal (TBC)

## Who do I contact in case of Emergency?

Contact your Manager as a first point of call and a coach as a second point of call, contact the boys or girls head coach.

## How will I wash my clothes?

We ask that every player takes a laundry bag with them, at the end of the day the Managers will wash playing clothes & uniforms.

## What is the process to address an issue while on Tour?

We want this tour to be fun for all involved and we do not want to come home and find out there was an issue on tour. First point of Call: One of the Managers Second point of Call: Warwick Senators - 92472266

## Mobile Phones, iPads and other electronics

Whilst we are not rejecting these items from being taken on the trip, we recognise these can be anti-social, so we prefer gaming items are restricted in both being taken and used. We do ask you to consider other items that maybe more inclusive of a team joining in like Uno, Bad Animals or other such card games. Please see player / parent contract re electronics.

## How much court time will I get?

This is a Development Tour. Our first priority is to have fun. Second, is to encourage Senators core values and develop players, winning is at best third on the list. We cannot guarantee 100% equal court time however we will do our best to share the court time around as much as possible. As there are smaller numbers in each team (8 per team), this is an action which will be much easier for the coach.

## What's the best way for me to recover between games?



Recovery is an important part of these tournaments as they can take their toll on bodies. Coaches will do a warm down stretch after each game to assist with Recovery. At all Stadiums there are Showers and Change rooms, we encourage the players to have a shower after the games, rehydrate refuel and relax.

#### **Personal Hygiene**

Players are required to have at least 1 shower per day while on tour and should have a clean pair of socks for each game.

Between games we ask that you bring a pair of thongs to get around in, to allow your feet to dry and air out. At the end of the day each player should have a laundry bag they can put their uniform in to be washed.

#### Are parents/family flights and accommodation available?

Parents and families are welcome to accompany the tour, however, excess flights and accommodation from our club booking can only be confirmed once we know our final player/coaches' numbers. Registrations close 31<sup>st</sup> October 2022 and so excess flights and accommodation will be confirmed after this date. Given the number of flights booked it is unlikely the club will have extra tickets.

#### What are the tournament rules and heat policy?

For up-to-date tournament rules and heat policy visit the Eltham-Dandenong website at <u>http://www.elthamtournament.com.au/</u>.



# Agreements & Disclaimers

## Player Agreement & Tour Disclaimer

As a player of the Warwick Senators Basketball Tour to Dandenong (2024), I hereby agree to the following conditions.

- At all times throughout the duration of the tour I will represent the team and the Warwick Senators Basketball Club in a positive manner. This will include my on court and off court conduct and behaviour.
- I will follow instructions and directions of the coaching staff and tour parents.
- I am responsible for my own travel insurance and acknowledge that I will obtain my own coverage when registering and prior to our departure.
- I understand it is up to the individual to have their own Ambulance cover.
- I acknowledge that any poor behaviour or breaches of any of the tour conditions may result in my expulsion from the tour and return to Perth at my own Expense.
- I will prepare myself for competition the best I can and adhere to set team curfews.
- The Dandenong Development tour is an alcohol-free trip. I will not consume any alcohol while on the trip (this applies to all our teams).

## Mobile Phones/Tablets/Laptops/iPods/electronics

These items are taken on tour at your own risk. Access to these items <u>will be</u> restricted to the following times;

- Electronics handover to Managers and Coaches 8pm EDST
- Electronics will be given back after Breakfast in the Morning
- No Electronic usage 45 minutes before game time
- No Electronics during Travel on bus

## Failure to comply with rules will result in the following actions:

1<sup>st</sup> Offense – Electronic Device will be confiscated for 24 hour period

2<sup>nd</sup> Offense – Player will lose access to electronic device for remainder of trip and miss out on half a game of Basketball

3<sup>rd</sup> Offense – Call to Parents to explain player will not be participating in any more games during tournament.

If a child has had their electronic device confiscated, players will still have contact with parents at home through their managers and coaches.



## Travelling Parent Agreement & Tour Disclaimer

As a parent of the Warwick Senators Basketball Tour to Dandenong (2024), I hereby agree to the following conditions:

- All parents traveling and have either booked flights or accommodation through us or help over the time away, must have a current Working with Children's Card.
- At all times throughout the duration of the tour I will represent the team and the Warwick Senators Basketball Club in a positive manner. Including treating the coaches and manager with respect.
- It is my responsibility to support all Senators teams with enthusiasm and encouragement for all players regardless of whether my child is on court or not.
- At all times I will follow instructions and directions of the coaching staff.
- I am responsible for my own travel costs, accommodation and food costs and travel insurance and acknowledge that I will obtain my own coverage upon registration and prior to our departure.
- I understand it is up to the individual to have their own Ambulance cover.
- I acknowledge that any poor behaviour or breaches of any of the tour conditions may result in my child's expulsion from the tour and immediate return to Perth at my own expense.
- I acknowledge that *all* players on tour require me as a parent to lead in setting a positive environment for them to play including encouraging the team/coach/of-ficials and consuming alcohol responsibly.
- I understand if staying at the same Park as the players, Parks have a noise curfew at 10pm. Any catch ups with other parents after this time either need to be outside of the Park or noise to be kept very quiet.
- I believe in the power of sport, I know it's important that sport is fun and that kids play more than one. I support a positive sporting environment... letting coaches coach... and respecting officials... I believe in parents cheering for everyone... and remembering, all I need to say is: "I love to watch you play!" \*

\*The Pledge from http://www.sportnovascotia.ca/Advocacy/SportMakesADifference/tabid/1028/Default.aspx



## Coach and Managers Agreement & Tour Disclaimer

As a coach or manager of a Warwick Senators Basketball Tour to Dandenong (2024), I hereby agree to the following conditions:

- All coaches and managers whether traveling with or staying with the team, must have a current Working with Children's Card
- At all times throughout the duration of the tour I will represent the team and the Warwick Senators Basketball Club in a positive manner. This will include my on court and off court conduct and behaviour.
- At all times I will follow instructions and directions of the head coach.
- I am responsible for my own travel insurance and acknowledge that I will obtain my own coverage upon registration and prior to our departure.
- I understand it is up to the individual to have their own Ambulance cover.
- I acknowledge that the tour is an alcohol-free event. I will not consume any alcohol while on tour.
- I acknowledge that the players on tour require me to lead in setting a positive environment for them to play including encouraging the officials.
- I acknowledge that any poor behaviour or breaches of any of the tour conditions may result in my expulsion from the tour and immediate return to Perth at my own expense.